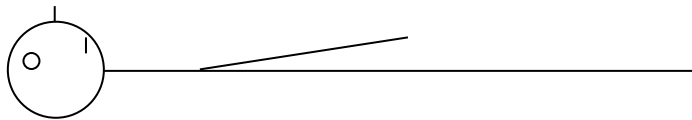
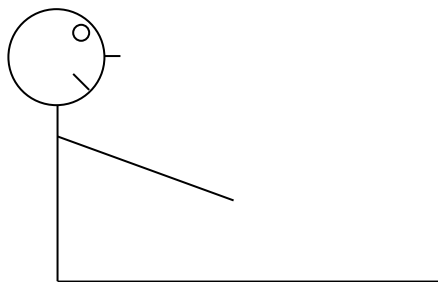


Sit Up Squat Stand (SUSS) Test: Description and scoring

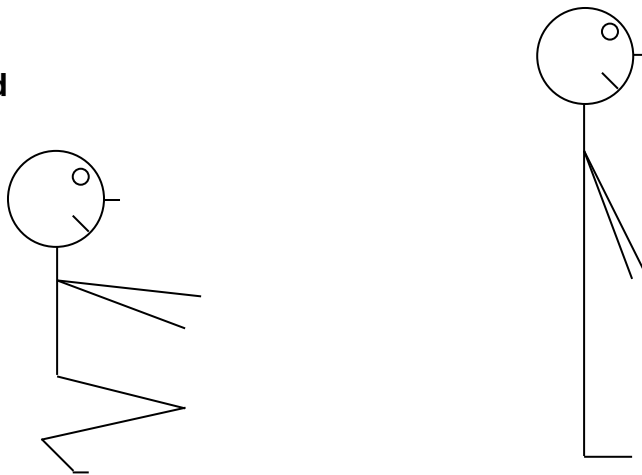


Sit Up



Patient lies down flat on the floor and sits up without, if possible using his/her hands.

Squat Stand



Patient squats down and rises without, if possible using his/her hands.

Scoring

0: Unable

1: Able only using hands to help

2: Able with noticeable difficulty

3: Able with no difficulty

(Robinson, 2006)